



2nd Annual Wholly Cow Ice Cream & Island Coffee Ride

Celebrating 26 years supporting the communities we touch
 Three routes: 100, 60, 30, 15 mi & 5mi (each way) fun ride
 100 & 60 are an "out and back" so you personalize the course to enjoy a different distance.

Entry fee includes rest stops, support, as well as tastes of Wholly Cow Ice Cream and awesome Island Coffee at the start and finish. Coffee will be served at the start from 8:00am and ice cream will be available at finish, ending at 2pm. *Route is on paved roads open to traffic and **APPROVED helmets are required.*** Riders must obey SC LAWS. Release of liability required before start and to participate, ID is required to complete release. RAIN OR SHINE—no REFUNDS. Rest Stops open at 9:00AM; course closes at 2PM. Longer routes metric official start at 8:30AM, show and go, 5mi (each way) family ride starts at 10:30AM Charles 843.303.3334 x123 Charles@FoxMusicHouse.com

RIDE Saturday March 20, 2010 100/60/30/15 start at 8:30AM ; 5 mi (each way) Fun Ride starts at 10:30AM
DETAILS Official start is at Awendaw Green / Awendaw, SC 29429

- SIGN UP OPTIONS
1. Online at <http://www.active.com/cycling/awendaw-sc/double-dip-charleston-bicycle-ride-2010>
 2. Email santa@festivelo.org for a paper form to mail in or copy this form, please.
 3. LEGIBLY fill in form below and postmark by **MARCH 13** (see below for early-bird discount)
 4. Walk Ups welcome for \$40, Friday, March 19st at Citadel Mall Wholly Cow location or Saturday, March 20th at 8:30AM at the start, Awendaw Green, Awendaw, SC 29429

FEES \$20 If postmarked by February 16 (**\$25** if completed online* by February 28)
 \$25 If postmarked by March 13 (**\$30** if completed online* by March 13)
 \$40 Walk up March 19 or March 20 (only paper registration accepted)
 \$20 11 mile fun ride (each way) (**\$20** online*, \$25. walk up on Sat or Sun)

*There is a small processing fee that active.com charges.



DEADLINES:

Your registration must be postmarked by March 13 in order to qualify for non-walkup price. Online registration closes March 13.

After that, you are welcome to walk up.
NO REFUNDS — Rain or Shine



PRIZES ICE CREAM eating contest @ 12pm – FREE massages – COFFEE SACK RACE— entertainment and more!

One form per rider. One form per person. Approved helmets REQUIRED.

>>Keep top portion. Cut and mail portion below with check made payable to "Wholly Cow" mail to POB 70815, Chas, SC 29415<<
 (please print slowly and with care)

Name (First / Last) _____ Over 18 yes no Gender male female (please circle)

Address: _____

City: _____ State _____ Zip _____

Phone: day (_____) _____ Evening (_____) _____

Email: _____

I will be riding the
 100 60 30 15 fun ride
 (please circle)

(you will ONLY receive a confirmation by email)

911 Contact Name: _____ 911 phone: _____ On ride? Yes No (please circle)

Please mail a check payable to "**Wholly Cow**" to **P O Box 70815, Chas, SC 29415**. You will only receive confirmation via email; make sure email address is legible. Walk up registration for 100 & 60 is \$40 and \$25 for Fun Ride at Wholly Cow in Citadel Mall on Fri 3/19(mall hours) or sign up at the start at **Awendaw Green** off Hwy 17, Saturday 3/20. Walk up on Sat for 60/100 is 8:00, 11 mile walk up at 10:00.

Volunteers needed for rest stops, packet pick up at mall, walk up start, SAG drivers , and course marshals. If you would like to volunteer please email charles@foxmusichouse.com or call 843 303 3334.
THANK YOU ... Happy and Safe Riding!